

DISHES AND THEIR ALLERGEN CONTENT - BK90 Restaurant & Lounge 1 of 2



DISHES														
	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame seeds	Soya	Sulphur dioxide
Assorted Meat Pepper Soup (May include cow foot, shaki, beef)	✓													✓
Tilapia Pepper Soup (Fresh Tilapia fish Spicy soup base)	✓				✓									✓
Croaker Pepper Soup (Fresh Croaker fish Spicy soup base)	✓				✓									✓
Moi Moi (Contains beans and possibly egg)	✓			✓										
Garnished Snail (Spicy tomato-based sauce)	✓													✓
Jollof Rice with Chicken (May use stock cube with allergens)	✓	✓							✓					✓
Egusi Soup (Egusi = melon seeds)	✓				✓				✓	✓				✓
Okra Soup (Asepo) (Crayfish, iru)	✓		✓		✓				✓					✓
White Rice with Ayamase (Ayamase contains green bell pepper)	✓	✓							✓	✓				✓
Grilled Croaker/Tilapia, Plantain & Yam (Fish grilled with spices)	✓				✓				✓					✓

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Fried Rice (May contain Prawn, Eggs)	✓		✓	✓					✓					✓
Beef Suya with Suya Pepper (May include Mustard)									✓					
BBQ Asun (Goat Meat) (Spicy goat soup base)	✓								✓					✓
Seafood Okra (Okra, Prawn, Crayfish, fish)	✓		✓		✓				✓					✓
Abula Soup, Ewedu, Gbegiri (Cratfish, Iru, may use stock cube with allergens)	✓	✓	✓		✓				✓	✓				✓
Ogbono Soup (Crayfish, iru)	✓		✓		✓				✓	✓				✓
Eforiro (Vegetable) Soup (Crayfish, iru)	✓		✓		✓				✓					✓
Extra Tomato Sauce (Contains red bell pepper)	✓	✓							✓	✓				✓